

Laser Therapy Relieves Pain

Low Level Laser Therapy stimulates healing at the cellular level, offering patients soothing relief of symptoms and a treatment for the source of their pain.

BACK IN MOTION

SARASOTA PHYSICAL THERAPY

TIM BURNELL, PT

Hairstylist Carrie Lee* began experiencing shooting pains that ran from her back and hips, through her legs and ankles, and down into her feet more than a year ago.

Cortisone shots provided only temporary relief, and Carrie Lee found herself wearing four or five heat packs throughout the day while she worked. Still, her pain persisted.

About the only time Carrie Lee found relief was at bedtime, when she applied cold rice packs to her back, hips, and legs: "That eased the pain enough for me to be able to fall asleep."

Every morning, though, she'd awaken to face another day of agony, up on her feet for ten hours each day, walking from sink to styling chair to counter on an unforgiving ceramic tile floor.

Terrific gift

Carrie Lee finally came to find relief under the skilled hands of Tim Burnell, PT, of Back In Motion, Sarasota Physical Therapy, thanks to one of her co-workers.

"One of the other stylists where I work has a client who had suffered with constant

pain following back surgery," explains Carrie Lee. "The woman was helped with cold laser treatments at Back in Motion, and she gave my friend a coupon for a free pain-relieving laser treatment with Tim Burnell. My friend passed that coupon along to me as a birthday gift.

"I scheduled my complimentary visit on August 31, but I wasn't expecting much," Carrie Lee confides. "I thought the coupon was just a gimmick to draw someone into an expensive treatment series."

Instead, says Carrie Lee, she was surprised when Tim told her he thought a maximum of four treatments would effectively relieve her pain, and she was amazed the day after her complimentary treatment when she awoke without pain for the first time in a year.

"I'm no spring chicken," Carrie Lee allows, "and I expect a few aches and pains, but the kind of pain I was experiencing was so awful.

"I've been to see Tim four times now, and I've started the exercise program he recommended to me. It's all made a big difference in relieving my pain. What Tim's done for me is a wonderful, wonderful thing."

Pain relieving laser

Tim says Carrie Lee's improvements are not unusual at Back In Motion because the



FHCN PHOTO

LIGHTEN UP! Tim demonstrates how easy it is for patients to receive the benefits of Low Level Laser Therapy ("cold" laser) in relieving their persistent pain.

practice employs a variety of techniques customized to each patient's needs.

"At Back In Motion, we have offered direct current cold laser therapy – often called Low Level Laser Therapy – with the 830nm laser for about two years, with exemplary results," reports Tim.

"The 830nm wavelength penetrates deeply into body tissue without causing thermal damage. Most patients say they don't feel the treatment in progress, while others report a slight tingling or tapping sensation as the laser is applied.

"The laser is delivered to precisely selected areas by an easily controlled hand piece. The photons emitted by the diodes in the hand piece seek out injured tissues and stimulate and energize the cells

Back In Motion offers a **FREE shuttle** to and from therapy.

to heal at an accelerated rate. This paves the way for greater progress with physical therapy and helps make better use of nutrients from the patient's diet."

Cold laser therapy is FDA-approved for adjunctive use in pain therapy. It is a noninvasive treatment for patients suffering from a variety of painful conditions, including arthritis, carpal tunnel syndrome, sciatica, neuropathy, plantar fasciitis, migraine, bursitis, and tendonitis.

"Cold laser therapy not only stimulates healing but also strengthens the tissues, making them more resistant to reinjury," adds Tim.

"It's a great modality for reducing pain and inflammation while accelerating healing at the cellular level." **FHCN**

**This patient's name has been changed to respect her privacy.*

BACK IN MOTION

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Call now for a **FREE** consultation! Mention reading about Cold Laser Therapy in *Florida Health Care News* and receive one free treatment session!

Treating neck and back pain, as well as the pain of

- **Arthritis**
- **Bursitis/Tendonitis**
- **Carpal tunnel**
- **Fibromyalgia**
- **Plantar fasciitis**
- **Migraines/Headaches/TMJ**